# A logo for a company  AI-generated content may be incorrect.**Course Description**

**Neurodivergent-affirming practice for Line Managers:**

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**Focus on Autism and AuDHD**

**Contact:** **info@autentic.uk**

**How has this course been developed?**

This 3 hour course has been developed in-line with the latest research and empirical studies relating to aspects of autism and neurodivergent-affirming line management and balanced with 10 years professional experience of supporting autistic and neurodivergent people and their line managers as well as lived experience of the specific subject matter.

**What is the overall course aim?**

This course aims to develop a strong understanding of how to support undiagnosed, undisclosed, disclosed or self-recognising autistic and neurodivergent line reports. You will gain an understanding of how to support in an autism and neurodivergent-affirming way and how to motivate your team to engage with autism and neurodivergent-affirming changes to practice and processes.

**What are the expected learning outcomes?**

* Enhanced understanding of autism, a strong understanding of AuDHD and an introduction to ADHD, Tourette's Syndrome, Dyspraxia, Dyslexia, and Dyscalculia
* Understand the Equality Act 2010 and reasonable adjustments in relation to autism and neurodivergence
* Understand how to support disclosure and confidentiality
* Understand common autistic and other neurodivergent strengths and talents at work
* Aware of supportive new starter processes and at work line manager support
* Understand neuro-normative workplace culture and it's drawbacks
* Understand how to manage the competing needs of a neurodiverse team
* Aware of practical strategies to support difficult and sensitive conversations
* Workshop practical and tailored strategies to adapt your personal and team practice to be autism and neurodivergent-affirming
* Aware of how to access additional strategies and resources to support your autism and neurodivergent-affirming team change

**Who is this course for?**

This course has been designed for line managers, directly supporting or indirectly supporting an autistic or neurodivergent employee or not. No previous knowledge or training is required, however attendees should have a basic understanding of what neurodivergence is.