# **Course Description**

**Neurodivergent-affirming Leadership**

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**Focus on Autism and AuDHD**

**Contact:** **info@autentic.uk**

**How has this course been developed?**

This 3 hour course has been developed in-line with the latest research and empirical studies relating to aspects of autism and neurodivergent-affirming leadership and balanced with 10 years professional experience of supporting autistic and other neurodivergent people and organisational leaders, as well as lived experience of the specific subject matter.

**What is the overall course aim?**

This course aims to develop a strong understanding of how to model autism and neurodivergent-affirming ethos. You will develop an understanding of how to identify areas of your organisation, department or business unit that will benefit from autism and neurodivergent-affirming initiatives and how to motivate your team to engage with them.

**What are the expected learning outcomes?**

* Enhanced understanding of autism, a strong understanding of AuDHD and an introduction to ADHD, Tourette's Syndrome, Dyspraxia, Dyslexia, and Dyscalculia
* Understand the Equality Act 2010 in relation to autistic and neurodivergent colleagues and customers
* Understand the nuances of autistic and other neurodivergent culture and community
* Understand ableist and neuro-normative culture and approaches
* Aware of efficient and effective ways to audit and assess the existing organisational culture
* Understand how to manage competing individual neuro-needs and neuro-cultures within your team
* Workshop practical and tailored strategies to adapt your personal and organisational practice to be autism and neurodivergent-affirming
* Aware of how to access additional strategies and resources to support your autism and neurodivergent-affirming cultural and organisational change

**Who is this course for?**

This course has been designed for CEO’s, Directors and Senior Managers – and anyone responsible for dispute resolution or grievances. No previous knowledge or training is required, however attendees should have a basic understanding of what neurodivergence is.